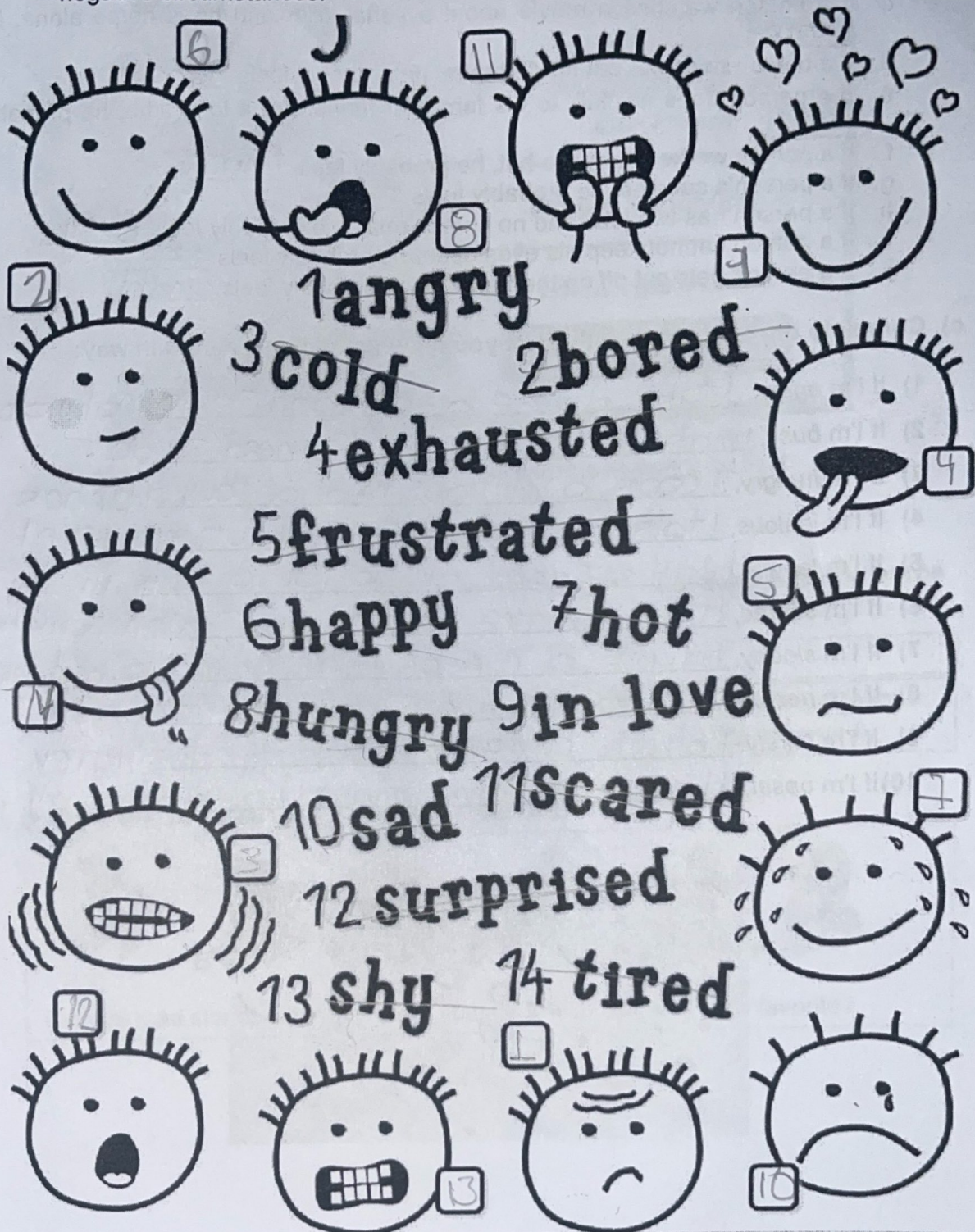




#### IV. VOCABULARY: FEELINGS AND EMOTIONS

- a) Ask students how they are feeling to practice this vocabulary. Then, as an extension, have them in pairs and discuss how to control your emotions in negative circumstances.







b) Complete the sentences with a feeling or emotion:

- a. If a person has a job interview, he probably feels NERVOUS
- b. If a person sees his girlfriend with a man he doesn't know, he probably feels jealous.
- c. If a person watches a movie about a serial killer and he is home alone, he feels scared
- d. If a person does not eat for 48 hours, he probably feels hungry
- e. If a person does not talk to his family or friends for a long time, he probably feels lonely.
- f. If a person works out and is hot, he probably feels thirsty
- g. If a person's cat dies, he probably feels sad.
- h. If a person has two jobs and no time to relax, he probably feels busy.
- i. If a person cannot keep his eyes open, he probably feels sleepy.
- j. If a person gets cut off on the freeway, he probably feels angry.

c) Complete the sentences with what you do when you feel a certain way:

- 1) If I'm angry, I take a deep breath and try to calm down
- 2) If I'm busy, I make a list of things I need to do
- 3) If I'm hungry, I cook a delicious meal or buy a snack
- 4) If I'm jealous, I talk to the person about how I feel
- 5) If I'm lonely, I call a friend or go for a walk in the park
- 6) If I'm scared, I turn on the lights and watch something funny
- 7) If I'm sleepy, I drink a cup of coffee or go to bed early
- 8) If I'm nervous, I practice what I am going to say
- 9) If I'm thirsty, I drink a large glass of cold water
- 10) If I'm upset, I listen to some music to improve my mood

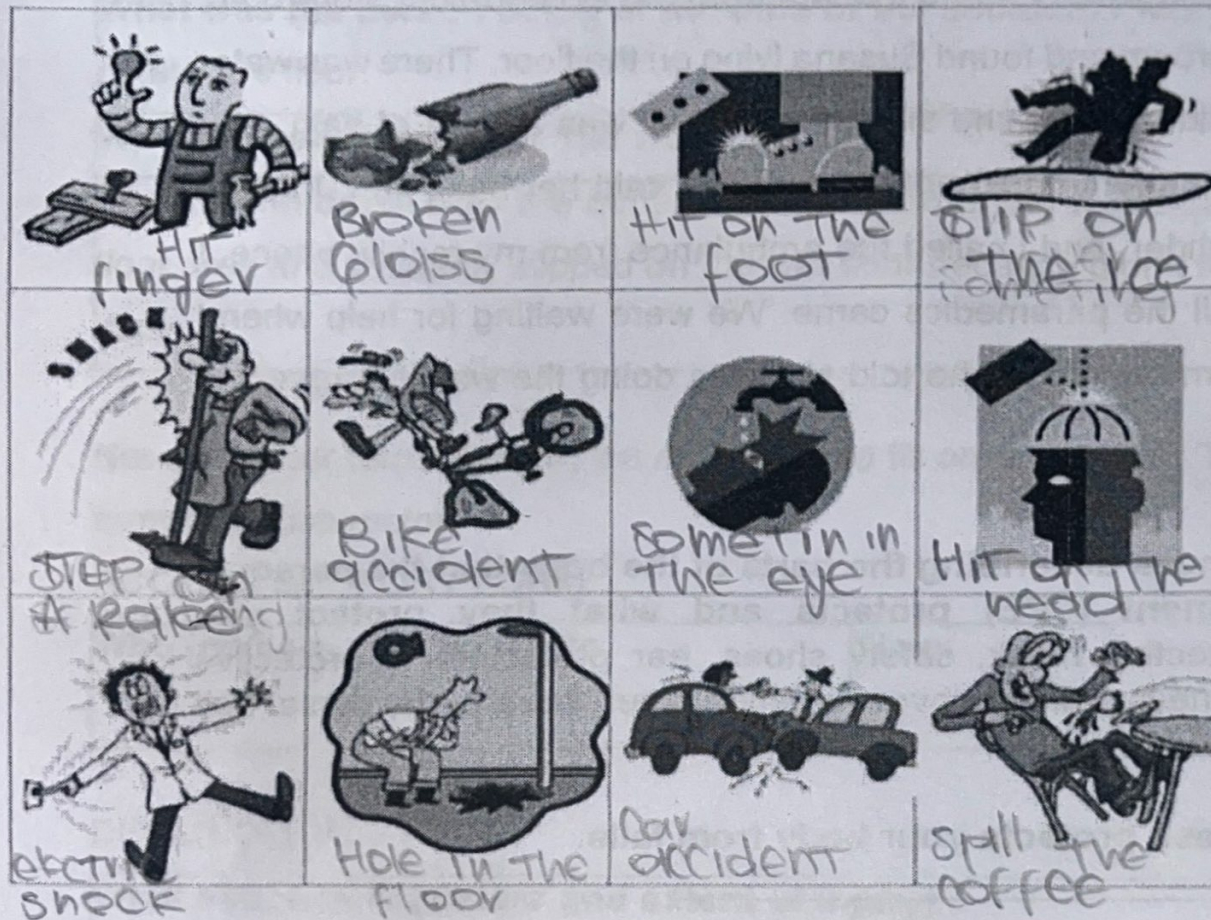






## TECHNICAL ASSIGNMENTS

### 1. Match the images to the accidents.



Hit finger  
 Broken glass  
 Hit on the foot  
 Slip on the ice  
 Step on a rake  
 Bike accident  
 Something in the eye  
 Hit on the head  
 Electric shock  
 Hole in the floor  
 Car accident  
 Spill the coffee  
 Slip on the wet floor  
 House fire  
 Spill the wine  
 Hit a tree  
 Break the dishes  
 Fall off a ladder  
 Trip over something  
 Trip on a cord  
 Break the eggs  
 Swallow poison  
 Cut the finger